

# *Resources*

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Youth Services Bureau	217-529-8300
Homeless Helpline	1-800-308-2145
TRiO	217-234-5456
C.E.F.S. Effingham Office	217-342-2193
Child and Family Services Hotline	1-800-252-2873
Christian County Mental Health (CCMH)	217-824-9675
CCMH Crisis Intervention	217-824-4905
CCMH Crisis Intervention After Hours	217-824-3335
Christian County Housing Authority	217-562-3742
Christian County Health Department	217-824-4113
Lakeland Community College (LCC)	217-234-5253
LCC Pana Western Region Center	217-562-5000
Loaves and Fishes Food Pantry	217-562-4450
Pana Clothing Pantry	217-562-3420
Pana Adult Center (GED classes)	217-562-6695
Loving Arms Crisis Pregnancy Center	217-824-7200
Poison Control Center	1-800-222-1222