

# Counseling Services Offered at PJHS

## **Personal/Social Services**

**Individual and Group Counseling** – The counselor at Pana Junior High School is available to help you with any academic, personal and/or social needs you may have.

**Referral to Community Agencies** – The counselor will contact and/or provide students and families with information on community agencies as needs arise.

## **Academic Services**

**Class Planning** – The counselor will meet with students in 8<sup>th</sup> grade to plan for high school classes. Test scores, interest surveys and current school performance will be used in high school planning.

**Individual Educational Guidance** – The counselor will meet with students and parents as needed to discuss academic progress. Plans and interventions will be put in place to help students achieve to their highest potential.

## **Career Planning**

**Career Awareness** – Individual student planning is available and it is encouraged that students visit his/her counselor to discuss career aspirations and interests so that together the student and counselor can create a plan for the future.

## **Character Education**

**Classroom Lessons** – The counselor will teach lessons on character education and drug awareness in classrooms.

**School – Wide Programs** – The counselor will develop and promote school – wide programming to assist students in character development. Such programs include Red Ribbon Week, Stand Up to Bullying and Mix-It Up Lunch.